



# LIGHTHOUSE

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GURUPURNIMA SPECIAL

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In sharing there is joy and so please come forward to share those moments that have kindled joy and happiness within & around you. These are the moments of gratitude which brings more and more grace in our lives.

“Lighthouse” welcomes articles, photos, experience-sharing etc., from our Art of Living family.



Dear Jaigurudev,

We consider it a great blessing to be walking in this glorious path with our dear **Poojya Gurudev** and feeling his presence and grace each and every moment of our life. By His Grace our Coimbatore website [www.aolcbe.org](http://www.aolcbe.org) is **one year** old today. With tears of joy and a deep sense of gratitude, we offer our “Pranaams” to the lotus feet of **Poojya Gurudev**. In the presence of the Divine Master creativity and abundance wells up and this website is a clear example of the same. His blessings enabled us to keep up our commitment of updating the website as frequently as possible.

We are grateful for the encouragement and motivation from Sri. Arunji and Smt. Akila Srinivasan. It is time to convey our grateful thanks to the entire Art of Living family spread across the Globe. Many of them have shared with us useful information and many others have appreciated us to continue this seva effortlessly.

Today is **Gurupurnima**, the day to feel grateful for the great knowledge we have received from our Divine Master. It is time to review how much of this knowledge we could embed in our life during the past one year and also have an insight into the possibility for enhancement. Let us be grateful for the way this knowledge has transformed our lives. Just cannot think how our lives would have been without this. The best way to demonstrate our Gratitude is by doing seva and the best seva that all of us can do is bring more and more people into this knowledge and obviously see the transformation happening in their lives too. Our Webseva team is at your service for this and therefore request AOL Teachers and Facilitators to send us their Course schedules for announcing through the Website and News letter.

We look forward to your encouragement and support. Please ask AOL family members known to you to register for this **E-News letter**. Jaigurudev

For Coimbatore Web Seva Team.

Mani Gopalakrishnan, Durga Prasad Dash, Thilagarajan and .K.Suryanarayanan.

## FROM THE HEART



One Cannot attain knowledge of Atma and Paramatma by performing penance, sacrifices, renunciation, Vedic study or worshipping deities of water, fire or the sun. But when the dust from the feet of a satpurush (God-realized Guru) sprinkles on our heads, then we can surely attain this knowledge.

It is said that the difference between a Guru and an Acharya, is that an Acharya is a teacher, a guide for the whole world; whereas a Guru is a teacher or a guide for you alone. With affectionate words and gesture, Gurudev always makes each one of us feel individually and distinctively special.

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Here is an extract from Guruji's description on Narada's Bhakti Sutras. In the scriptures, they say there are five signs of a Satguru.

**Gyana Raksha** - In the presence of a Master, wisdom and knowledge is protected. You move away from the wise person and you seem to lose your knowledge, you seem to forget. But in the presence of the Master, all the knowledge comes up. There is protection of knowledge, of wisdom, for generations to come. **Dukhakhshaya** - Sorrow diminishes. **Sukha Avirbhava** - For no apparent reason, joy wells up, happiness comes to you. **Sarva Samvardhana** - All talents blossom, hidden talents in people come up. Those who cannot sing, start singing. Those who cannot write, start writing poems; those who cannot cook start cooking very well. People who could never speak in front of people start speaking. All the talents that are hidden in you come up in you. **Samriddhi** - Everything is in plenty. There is no dearth of anything.

These are the five signs you see around a Satguru, everything is full.

We request all readers to read a beautiful article titled The Master and the Diamonds posted by Sri. Suresh in the E-satsang Website. The URL is <http://www.esatsang.net/node/1347>



**KNOWLEDGE FROM THE MASTER**

**“KICK THE BALL AND BE IN THE GOAL”**

Do you know why the earth is shaped like a globe? So you can kick it and it will roll away! From the moment you wake up in the morning you are always with people and your mind is caught up in worldly thoughts. So sometime during the day, sit for a few minutes, get into the cave of your heart with your eyes closed and kick the world away like a ball.

But as soon as you open your eyes, hold on to the ball because you need to kick it again in the next session! During the day be 100% attached to the work; do not try to detach yourself. But when you sit for meditation, then totally detach yourself. Only those who can totally detach can take total responsibility.

Eventually you will be able to be both attached and detached simultaneously. Kick the ball and be in the goal! This is the Art of Living, the skill of living.

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**Only God exists here! (Rajaque Rahman )** Here's a wonderful anecdote that was shared by Swami Sathyojathaji during the (2003) Navratri celebrations in the Bangalore ashram.

On the auspicious day of Ashtami, a gentleman from Madurai in India came to the Bangalore ashram. He was looking for a temple as he was advised to visit by a Nadi astrologer. (Nadi's are predictions of future events by ancient seers made thousands of years ago, which have been recorded on palm leaves.) According to the gentleman, he was told that if he went and prayed to the deity at the temple situated on 21st kilometre on the Kanankapura Road (where our ashram is located) his wishes would get fulfilled. The gentleman hadn't heard about the Art of Living ashram before, so when he arrived inside, he started looking for a temple and asking where the deity was. He was directed to the yagyashala (venue for pujas during the Navratri celebrations) and he participated in the puja though he couldn't find the temple he was looking for! Surely we do know where the temple is and who is the God! Isn't it?

Guruji commented, "Every stone, every plant and every face here (in the ashram) is God. There is nothing but God here. Some are seated, some are standing and some are clicking photographs!"

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**QUESTION AND GURUDEV'S ANSWER.**

Q. Guruji, show me the path.

A. Why? Why shall I show you the path? I'm not so irresponsible. I'll take you to your goal. It's my habit. It's the age of aeroplanes and you are talking in terms of bullock carts. You have sat in plane and your flight has taken off. Now, this plane will take you to your destination, you don't need to ask the path

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**ANNOUNCEMENTS & NEWS.**

We take pride in announcing the launch of AOL CBE Placement Services as instructed by Poojya Gurudev. The service will be open from 10<sup>th</sup> July, 2006. People desiring to employ qualified people can put up their announcements/advertisements free of charge in our Website and those seeking employment can send their resume/bio-data/curriculum vitae etc. to [www.aolcbeps@gmail.com](mailto:www.aolcbeps@gmail.com).

Our website is going to have an exclusive seva page called “Support a cause” wherein you can post messages for help like blood donors/ educational support etc. The messages will be displayed. Please see the website for more information.

**THERE IS A DIVYA SATSANG LEAD BY SRI. ARUNJI AT MARUDAMALAI ON THURSDAY 20<sup>TH</sup> JULY, 2006 TIME : 6.30 P.M.**



On 3<sup>rd</sup> July, 2006., SRI. ARUNJI lead a Divya Satsang at Kotaieswaran (Sri Sangameshwara) Temple on the occasion of the Temple's "Kumbhabisekam". Later that evening he also took part in the Prayer Meet at the Avinashilingam University. Ms. Valli Kanda has given an exquisite report on his visit. (The other photos of the event are posted in the URL <http://www.pbase.com/aolcbe/aolcbe2> )

### Kotaieswaran ( Sri Sangameshwarar) Temple Satsang

An expectant audience had gathered at the ancient, over thousand- year old Kotaieswaran Temple in the city marking the finale of the grand Maha Kumbhabhishekham at the shrine. They were enriched spiritually to such an extent, that they felt indeed like 'Koteeswaras' at the end of the Divya Satsang by Shri.Arunji.

Shri Arunji interspersed his silken smooth bhajans with equally absorbing messages on Spirituality. He mentioned that a person turns truly spiritual – when one thinks about others, feels about others and begins to live for others. If not, he is only a pseudo-spiritualist.

He mentioned that Gurudev often speaks about tweaking the 'Yukthi' in you – the presence of mind to act when faced with challenging situations. His narration of the Part IV of the 'Parrot' story captured the audience interest to drive home the message. Awareness of one's Consciousness - knowledge of who you are and what you are, is necessary for a refined living.

Arunji also related an incident during the Villiputhur Satsang on the previous day. He began a few bhajans from the just released 'Celestial Nectar Part III'. Even while people were coming and going on and off the stage and much of activity taking place, a honey bee fixed itself on to his dress and never once left; till at last, when the Satsang was complete, it flew off! This might pass off as a trivial incident to some minds but on reflection, it brings home the point that nature and its beings are interwoven.

### The Prayer Meet at Avinashilingam Varsity with Arunji

A very large assembly of resident students of Avinashilingam Deemed University assembled for their routine prayer at the Tiruchitrabalam Auditorium in the evening Little did they realize that they were in for a memorable lecture cum musical treat from who better than Shri Arunji of The Art of Living!

Ascending the stage, Shri.Arunji remarked that living upto its name, the auditorium carries very positive vibrations of a Temple. One can feel them at the entrance of the sabha which has hosted several spiritual events over the years. He also remarked on the astonishing but very efficient mix of Discipline and Spirituality in the students of the University. He felt that both these attributes together are difficult to maintain and lauded the Management of the University for their commendable-guidance and leadership.

He then rendered an absolutely breath-taking song in English reflecting the binding quality of LOVE in all religions which left the students rejuvenated. The Vice-Chancellor of the University, Dr. Saroja Prabhakaran extolled the dedication of the Chief Guest in reaching out to the youth and felt that the Campus has been blessed again. On the whole, the Prayer Meeting was as perfect and as devout as anyone could have prayed for!

Valli Kanda